**Assessment STRATEGY for** HLT62615 Advanced Diploma of Ayurveda

***Assessment Strategy***Assessment tasks to establish competency in this unit may include written assignments, oral question and answer quizzes, observation, clinic, practicum, and participation in group discussions at retreats.

***Competence***To demonstrate competence you must complete all assessment tasks for all units. A check list of all assessment requirements is available online.

***Assignments***

Each of the Ayurvedic units has written assignments and exams to be completed on the conclusion of the unit.  
Name and date all Word documents and upload or send via email to [admin@healthinstitute.edu.au](mailto:admin@healthinstitute.edu.au)

References (if required) only from the prescribed text. (internet searches will not be accepted, unless from credible sources, for eample; .org .edu .gov  
All assessment will be retained for audit purposes. It is also important to keep a copy of your assignments, client cases, treatments, and assessments.  
Plagiarism may result in exclusion from the course.

***Theoretical Exams***Each of the Ayurvedic units have exams to be completed on the conclusion of each unit. 100% competency is required, however any incorrect answers will be revised with the learner to achieve 100% competency.

On successful completion of all the units in **Advanced** **Diploma of Ayurvedic Lifestyle Consultation**, there will be four final written examinations that will cover the theoretical content from all the Ayurvedic core units of competency. This exam will consist of short answer sand case studies. The exam duration is one hour for each of the four exams, which covers; 1. Diseases, 2. Formulations, 3. Treatments, 4. Herbs.  
100% competency is required. (Learners are able to re-sit their final exams)

***Observational Examination***There are also Observational Examinations and Assessment to demonstrate skills and knowledge in:

1. Conducting Ayurvedic Lifestyle Consultations
2. Conducting Ayurvedic treatments
3. Prepare and dispense Ayurvedic medicine
4. Diagnosing within an Ayurvedic framework

***Health Institute Australasia’s Principles of Assessment***

**Fairness** The individual learner’s needs are considered in the assessment process.  
• Where appropriate, reasonable adjustments are applied to take into account the individual learner’s needs.

**Flexibility** Assessment is flexible to the individual learner by: reflecting the learner’s needs

**Validity** Any assessment decision is justified, based on the evidence of performance of the individual learner. • assessment against the unit/s of competency and the associated assessment requirements covers the broad range of skills and knowledge that are essential to competent performance

**Reliability** Evidence presented for assessment is consistently interpreted and assessment results are comparable irrespective of the assessor conducting the assessment.

Assessment plan for HLTAYV010 Select and advise on Ayurvedic medicines - dravyaguna

**Task 1 (knowledge)**

* Complete all 13 Common Units
* Complete the 12 Core Ayurvedic units (covered in manuals - Courses 1 through to 16)
* Complete theoretical assignments, research, homework and exams as prescribed for each unit, which is available online.
* Attend lectures and tutorials (fill in Contact diary, for international students only)
* Phone tutorials conducted, streaming, will be advised by email prior to date

**Task 2 (practical)**

* Conduct Ayurvedic consultations
* Complete allocated weekend training, retreats, clinic, practicum
* Specific information on each assessment will be explained to learners prior to each assessment date, outlining clear instructions on what is expected in the performance assessment.

# Application

This unit describes the skills and knowledge required to determine an Ayurvedic medicine treatment strategy based on an existing diagnosis, provide relevant advice to the client and complete treatment documentation.

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# Performance Evidence Checklist

The candidate must show evidence of the ability to complete tasks outlined in elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the job role. There must be evidence that the candidate has:

* •  performed the activities outlined in the performance criteria of this unit during a period of at least 400 hours of Ayurvedic client consultation work,
* •  created at least **40 different client prescriptions**. Clients must include males and females from different stages of life with varied presentations
* •  selected medicines based on Ayurvedic principles, determining appropriate medicines based on the diagnosis, including:
  + •  information about the condition including phase or stage
  + •  prevalent season and sandhi
  + •  agni, prapaka, vipaka, malas
  + •  triguna/state of mind
  + •  available vikruti/medical data
  + •  ahara, vihar, aushadhi
  + •  kaya chikitsa
  + •  bhaishajya kala
  + •  available medical data
  + •  particular client issues or preferences
  + •  contraindications
* •  planned strategies to balance rajasic and tamasic gunnas, to reduce ama generation, to eliminate the excessive build up of doshas, to open all srotamsi, to maintain optimum agni, to restore balance and ojas and to sustain health at all the four levels
* •  interacted effectively with clients:
  + •  provided clear explanations about treatment rationale, expectations and affecting factors
  + •  provided clear instructions about administration of medicine
  + •  explained and agreed treatment monitoring and evaluation

# Unit Outcomes – on completion of this unit you should be able to:

| ELEMENT | PERFORMANCE CRITERIA | Yes | No |
| --- | --- | --- | --- |
| **1. Determine treatment strategy** | 1.1 Determine the treatment strategy, prognosis and therapeutic expectations according to the diagnosis, client needs and stage of life |  |  |
| 1.2 Determine contraindications to treatment and modify treatment strategy accordingly |  |  |
| 1.3 Consider treatment and advice information provided by other health care professionals |  |  |
|  | 1.4 Evaluate the impact of disease phase or stage on treatment selection |  |  |
|  | 1.5 Take into consideration possible client compliance issues in specific treatment options |  |  |
|  | 1.6 Select medicines and administration method based on prakruti, vikruti, agni, seasons, ojas & strength of client |  |  |
| **2. Provide advice and resources to the client** | 2.1 Clearly explain treatment rationale and expectations |  |  |
| 2.2 Provide clear instructions for taking medicines, and negotiate if required |  |  |
| 2.3 Explain factors which may interfere with the effectiveness of the treatment |  |  |
|  | 2.4 Negotiate the management of selected Ayurvedic medicines in relation to any other current medicines |  |  |
|  | 2.5 Request client to monitor responses to the supplements and to contact practitioner as required |  |  |
|  | 2.6 Clarify and agree responsibilities of practitioner and client within the treatment plan |  |  |
|  | 2.7 Explain and agree treatment evaluation strategies |  |  |
| **3. Complete treatment documentation** | 3.1 Document accurate details of Ayurvedic medicines to be provided |  |  |
| 3.2 Accurately record details of treatment recommendations in client file |  |  |
| 3.3 Record arrangements for treatment review according to clinic guidelines |  |  |

# Knowledge Evidence Checklist

The learner must be able to demonstrate essential **knowledge** required to effectively complete tasks outlined in elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the work role. This includes knowledge of:

|  |  |  |
| --- | --- | --- |
|  | YES | NO |
| **legal and ethical considerations (national and state/territory) for Ayurvedic medicines:** |  |  |
| * •  codes of conduct |  |  |
| * •  duty of care |  |  |
| * •  informed consent |  |  |
| * •  mandatory reporting |  |  |
| * •  practitioner/client boundaries |  |  |
| * •  privacy, confidentiality and disclosure |  |  |
| * •  records management |  |  |
| * •  Therapeutic Goods Administration (TGA) requirements |  |  |
| •  work role boundaries |  |  |
| * •  working within scope of practice |  |  |
| •  presenting symptoms that require referral to a medical practitioner |  |  |
| •  work health and safety |  |  |
| **dravyaguna, including:** |  |  |
| **gunas, rasapanchaka and uses of:** |  |  |
| * •  minimum of 100 dravya |  |  |
| •  current scheduled or restricted Ayurvedic herbs |  |  |
| * •  culinary herbs |  |  |
| * •  groups of herbs used in Ayurveda, their contraindications, identification and distinguishing features, interrelationships and incompatibilities |  |  |
| * •  Ayurvedic herbs with respect to their use for general symptoms, energetic, psychological and physiological indications |  |  |
| •  active principles of the medicines used for each dosha/condition/system |  |  |
| * •  methods of administration for medicines |  |  |
| * •  ubtans, lepas, base, essential and herb oils, resins, extracts, clays, balms, washes, |  |  |
| lubricants, pastes, decoctions |  |  |
| •  contraindications to treatments |  |  |
| * •  ways to address excessive ama/doshas |  |  |
| **principles of chikitsa to achieve the following:** |  |  |
| •  shad upkarma |  |  |
| * •  vyadhiharam |  |  |
| * •  prakrutisthapanam |  |  |
| •  prakrutivighataka |  |  |
| •  nidanparivarjana (ch. vi) |  |  |
| * •  dhatushamya chikitsa (ch. su) |  |  |
| * •  vishudha chikitsa (ch. ni) |  |  |
| * •  svabhava chikitsa (ch. su) |  |  |
| * •  pharmacodynamics of pharmaceutical and medicines and the theory of drug action, factors modifying drug effect and dosage, drug toxicity and toxicology |  |  |
| * •  pharmacokinetics of Ayurvedic medicines – drug administration, absorption, distribution, metabolism and excretion |  |  |
| * •  possible obstacles to cure and responses to treatments |  |  |
| **Supplementary measures in the management of the condition/system:** |  |  |
| •  dietary considerations |  |  |
| •  exercise |  |  |
| •  lifestyle |  |  |
| •  stress |  |  |
| •  interaction of treatments with foods, other herbs, nutritional supplements and drugs |  |  |
| **principles of formulation (including dosage and duration of treatment) for:** |  |  |
| **•  avaleha** |  |  |
| •  chitrakharitaki |  |  |
| •  drakshavelha |  |  |
| •  erand pak |  |  |
| •  haridrai khanda |  |  |
| •  haritakyadi rasayana |  |  |
| •  kutjavelha |  |  |
| •  musali pak |  |  |
| •  saubhagya shounthi pak |  |  |
| •  shilajatu rasayana |  |  |
| •  supari pak |  |  |
| •  triphala rasayana |  |  |
| •  **ghritam - a minimum of 5** |  |  |
| •  **kashayam - a minimum of 5** |  |  |
| •  **choorana - a minimum of 10** |  |  |
| •  guggulu – a minimum of 7 |  |  |
| •  vati - a minimum of 5 |  |  |
| •  lauh mandoor – a minimum of 2 |  |  |
| •  asava and arishta – a minimum of 10 |  |  |
| •  bhasmas - a minimum of 5 |  |  |
| •  arka - a minimm of 2 |  |  |
| •  shad bindu taila- a minimum of 5 |  |  |
| •  swarsa |  |  |
| •  kalka |  |  |
| •  kwatha |  |  |
| •  hima |  |  |
| •  phanta |  |  |
| •  ubtan, |  |  |
| •  dravaka |  |  |
| •  ghrita |  |  |
| •  lavana kshara |  |  |
| •  lepa |  |  |
| •  mandoora |  |  |
| •  pishti |  |  |
| •  sattva |  |  |
| •  taila |  |  |
| •  varti |  |  |

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Unit Code** | **Unit Title** | | | **This unit assessed holistically with other units?  Listed below.** | | ☒Yes ☐No |
| **HLTAYV010** | **Select and advise on Ayurvedic medicines - dravyaguna** | | | HLTAYV001  HLTAYV002  HLTAYV003  HLTAYV004  HLTAYV005  HLTAYV006  HLTAYV007  HLTAYV008  HLTAYV009  HLTAYV010  HLTAYV011  HLTAYV012    HLTWHS004  HLTINF004  CHCDIV001  CHCCOM006  CHCLEG003  CHCPRP003    CHCAGE001  CHCCCS001  CHCDIS007  CHCMHS001    BSBSMB404  HLTAID011  HLTAAP003  CHCPRP005 | | |
| **Assessor/s** |  | | |
| **Assessment Methods** | | | | | | |
| ☒ Observation in the workplace  ☒ Observation in a simulated environment  ☒ Fault finding/Problem solving | | ☒ Verbal Questioning/ Interview  ☒ Presentation  ☒ Class Discussion  ☒ Formal Exam/Test | | ☒ Written questions  ☒ Essay  ☒ Project  ☒ Role play  ☒ Case Study | ☒ Ayurvedic consultation feedback documents  ☒ Self-Assessment | |
| **Assessment Instruments**  **(please list)** | | | **Venue and Schedule**  **(Location, due date, time allowed)** | **Resources and equipment required to conduct the assessment** | | |
| Written questions and assignments  Exams  **Observation checklist** | | | Online. Due date set by assessor.  Online. Due date set by assessor  Due date set by assessor  Venue: Health Institute Australasia  Southport / Nirvana campus  Observations required during the course | Computer & internet access  Computer & internet access  Observation checklist | | |
| **Target Learner(s)**  (Describe the learner cohort generally and identify special needs) | | | No special needs | | | |
| **Assessment Conditions**  (from Unit of Competency) | | | Skills must have been demonstrated in the workplace or in a simulated clinical environment that reflects workplace conditions. The following conditions must be met for this unit:   * •  use of suitable facilities, equipment and resources, including:   + •  client information – case notes, health record   + •  private consultation area   + •  Ayurvedic Formulary of India   + •  Ayurvedic Pharmacopoeia of India   + •  other Ayurvedic reference texts   + •  online TGA references regarding labelling   + •  information on scheduled herbs * •  modelling of industry operating conditions, including provision of services to the general public * •  clinic supervision by a person who meets the assessor requirements outlined below   Assessors must satisfy the Standards for Registered Training Organisations (RTOs) 2015/AQTF mandatory competency requirements for assessors. In addition, assessors must:   * + •  have at least 5 years current clinical experience working as an Ayurvedic practitioner providing services to the general public   + •  hold practising membership of an Australian professional body that represents Ayurvedic practitioners   + •  fulfil the continuing professional development requirements of the professional body to which they belong | | | |
| **Applicable industry or workplace standards , and Training Package advice** (if any) | | |  | | | |
| **Stakeholders that any of the assessment arrangements need to be confirmed with** | | | Students  RTO  Trainer and Assessor | | | |
| **Special arrangements and allowable adjustments that may be made** | | | Flexible time frame for delivery.  Flexible learning environment.  Support person for diverse learner needs.  Special considerations | | | |
| **Recording and Reporting Procedures** | | | Mark the assessment items  Provide feedback  Record the result  Issue certificate of attainment  Archive records  Use relevant software to maintain records | | | |

**Practicum – Observation**

|  |  |
| --- | --- |
| **Unit** | **HLTAYV010 Select and advise on Ayurvedic medicines - dravyaguna** |

**The learner will be observed on at least 3 occasions over the course.**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| Details of observation | | | | | | | |
| RTO | Health Institute Australasia | | | | | | |
| Learner name |  | | | | | | |
| Assessor name |  | | | | | | |
| Competency standard | **HLTAYV010 Select and advise on Ayurvedic medicines - dravyaguna** | | | | | | |
| **Assessment dates** | 1.  2.  3. | | | | | | |
| Task/procedure observed | **Selecting and advising on Ayurvedic medicines** | | | | | | |
| Observation checklist | | | | | | | |
| **Did the learner:** | | **1.Yes** | **No** | **2.Yes** | **No** | **3.Yes** | **No** |
| 1. Determine treatment strategy | |  |  |  |  |  |  |
| 2. Provide advice and resources to the client | |  |  |  |  |  |  |
| 3. Complete treatment documentation | |  |  |  |  |  |  |

|  |  |  |
| --- | --- | --- |
| Overall results | | |
| Overall performance | ❒ Competent ❒ Not Yet Competent | |
| Feedback to learner |  | |
| Learner’s signature |  | Date: |
| Assessor’s signature |  | Date: |