**Assessment STRATEGY for** HLT62615 Advanced Diploma of Ayurveda

***Assessment Strategy***Assessment tasks to establish competency in this unit may include written assignments, oral question and answer quizzes, observation, clinic, practicum, and participation in group discussions at retreats.

***Competence***To demonstrate competence you must complete all assessment tasks for all units. A check list of all assessment requirements is available online.

***Assignments***

Each of the Ayurvedic units has written assignments and exams to be completed on the conclusion of the unit.  
Name and date all Word documents and upload or send via email to [admin@healthinstitute.edu.au](mailto:admin@healthinstitute.edu.au)

References (if required) only from the prescribed text. (internet searches will not be accepted, unless from credible sources, for eample; .org .edu .gov  
All assessment will be retained for audit purposes. It is also important to keep a copy of your assignments, client cases, treatments, and assessments.  
Plagiarism may result in exclusion from the course.

***Theoretical Exams***Each of the Ayurvedic units have exams to be completed on the conclusion of each unit. 100% competency is required, however any incorrect answers will be revised with the learner to achieve 100% competency.

On successful completion of all the units in **Advanced** **Diploma of Ayurvedic Lifestyle Consultation**, there will be four final written examinations that will cover the theoretical content from all the Ayurvedic core units of competency. This exam will consist of short answer sand case studies. The exam duration is one hour for each of the four exams, which covers; 1. Diseases, 2. Formulations, 3. Treatments, 4. Herbs.  
100% competency is required. (Learners are able to re-sit their final exams)

***Observational Examination***There are also Observational Examinations and Assessment to demonstrate skills and knowledge in:

1. Conducting Ayurvedic Lifestyle Consultations
2. Conducting Ayurvedic treatments
3. Prepare and dispense Ayurvedic medicine
4. Diagnosing within an Ayurvedic framework

***Health Institute Australasia’s Principles of Assessment***

**Fairness** The individual learner’s needs are considered in the assessment process.  
• Where appropriate, reasonable adjustments are applied to take into account the individual learner’s needs.

**Flexibility** Assessment is flexible to the individual learner by: reflecting the learner’s needs

**Validity** Any assessment decision is justified, based on the evidence of performance of the individual learner. • assessment against the unit/s of competency and the associated assessment requirements covers the broad range of skills and knowledge that are essential to competent performance

**Reliability** Evidence presented for assessment is consistently interpreted and assessment results are comparable irrespective of the assessor conducting the assessment.

Assessment plan for HLTAYV008 Provide Ayurvedic remedial therapies

**Task 1 (knowledge)**

* Complete all 13 Common Units
* Complete the 12 Core Ayurvedic units (covered in manuals - Courses 1 through to 16)
* Complete theoretical assignments, research, homework and exams as prescribed for each unit, which is available online.
* Attend lectures and tutorials (fill in Contact diary, for international students only)
* Phone tutorials conducted, streaming, will be advised by email prior to date

**Task 2 (practical)**

* Conduct Ayurvedic treatments
* Complete allocated weekend training, retreats, clinic, practicum
* Specific information on each assessment will be explained to learners prior to each assessment date, outlining clear instructions on what is expected in the performance assessment.

# Application

This unit describes the skills and knowledge required to prepare for, provide and monitor therapeutic Ayurvedic remedial therapies. Treatments are based on the outcomes of an existing health assessment.

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# Performance Evidence Checklist

The learner must show evidence of the ability to complete tasks outlined in elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the job role. There must be evidence that the candidate has:

* •  performed the activities outlined in the performance criteria of this unit during a period of at least 400 hours of Ayurvedic client consultation work
* •  prepared for and managed at least **40 different remedial therapies sessions**, including at **least 20 massages**. Clients must include males and females from different stages of life with varied presentations
* •  **provided each of the following snehana therapies at least twice:** 
  + •  abhyanga
  + •  bala abhyanga
  + •  shiro abhyanga
  + •  nabhi - naval vijnanam and massage
  + •  karna purana (oil in ear)

nasya, pratimarsha (oil in nose)

* + •  sat karma - kunjala, neti, baghi, basti, bhastrika, nauli
  + •  shad upkarmas
  + •  langhana
  + •  brimhana
  + •  rukshana
  + •  snehna
  + •  svedana
  + •  sthambana
  + •  chavitti
  + •  pregnancy massage (part of abyanga)
  + •  massage after pregnancy (mother massage)
  + •  udvartana (massage with pressure, dry and unctuous)
  + •  udgharshana
  + •  navarakizi
  + •  yoga chikitsa
* •  provided Ayurvedic therapeutic **dhara treatments,** including each of the following at least twice:
  + •  shiro dhara
  + •  parisheka
  + •  pizichil
  + •  pinda sweda
  + •  lepas, basti
  + •  bhaspa sweda
  + •  cleanses
* •  provided Ayurvedic therapeutic **basti treatments**, including each of the following at least once:
  + •  hrud basti - snehan over the cardiac region (hridaya)
  + •  kati basti - snehan over the lumbrosacral region (kati)
* •  created and maintained complete and accurate client records

• interacted effectively with clients during treatments, providing clear, accurate and supportive information and guidance

# Unit Outcomes – on completion of this unit you should be able to:

| ELEMENT | PERFORMANCE CRITERIA | Yes | No |
| --- | --- | --- | --- |
| **1. Prepare client for treatment** | 1.1 Make preparations according to indicators and information from assessment |  |  |
| 1.2 Explain factors which may interfere with the effectiveness of the treatment |  |  |
| 1.3 Explain clearly how the treatment will be provided and managed |  |  |
|  | 1.4 Inform the client of possible physical or emotional reactions during and following a session and the appropriate course of action to take |  |  |
|  | 1.5 Follow established protocols and infection control procedures to physically prepare the client for treatment |  |  |
|  | 1.6 Confirm client consent for treatment |  |  |
| **2. Use Ayurvedic techniques and sequences** | 2.1 Determine treatment sequence and location according to Ayurvedic health assessment indications |  |  |
| 2.2 Use the condition and response of the client as a continual feedback to the initial assessment |  |  |
| 2.3 Position client to optimise their comfort and support while allowing for optimum application of techniques |  |  |
|  | 2.4 Maintain therapist postures that ensure a controlled distribution of body weight |  |  |
|  | 2.5 Maintain client-focused attention throughout the treatment session |  |  |
| **3. Provide advice and resources to client** | 2.6 Recognise reactions to treatment and make prompt appropriate response  3.1 Educate client in relevant and practical techniques for promotion and maintenance of optimum health |  |  |
| 3.2 Answer client queries with clarity, using appropriate language |  |  |
| 3.3 Use honesty and integrity when explaining treatment plans, schedules and recommendations to the client |  |  |
|  | 3.4 Promote client independence and responsibility in treatment when appropriate |  |  |
| **4. Monitor treatment** | 4.1 Evaluate progress with the client against objectives of the treatment plan |  |  |
|  | 4.2 Identify and record effects of previous treatment from client and practitioner perspectives |  |  |
|  | 4.3 Evaluate treatment plan and the need for ongoing or additional treatment based on client feedback and ongoing assessment |  |  |
|  | 4.4 Negotiate and document changes to the plan with the client |  |  |

# Knowledge Evidence Checklist

The learner must be able to demonstrate essential **knowledge** required to effectively complete tasks outlined in elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the work role. This includes knowledge of:

|  |  |  |
| --- | --- | --- |
| The candidate must be able to demonstrate essential knowledge required to effectively complete tasks outlined in elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the work role. This includes knowledge of: | YES | NO |
| **legal and ethical considerations (national and state/territory) for providing remedial therapies:** |  |  |
| * •  codes of conduct |  |  |
| * •  duty of care |  |  |
| * •  infection control |  |  |
| * •  informed consent |  |  |
| * •  mandatory reporting |  |  |
| * •  practitioner/client boundaries |  |  |
| * •  privacy, confidentiality and disclosure |  |  |
| * •  records management |  |  |
| * •  work role boundaries |  |  |
| * •  working within scope of practice |  |  |
| •  presenting symptoms that require referral to a medical practitioner |  |  |
| * •  work health and safety |  |  |
| **macrocosm and microcosm & primordial elements, panchamahabhutas** |  |  |
| * •  trigunas |  |  |
| * •  doshas |  |  |
| * •  five forms of vata |  |  |
| * •  five forms of pitta |  |  |
| •  five forms of kapha |  |  |
| * •  dhatus |  |  |
| * •  malas |  |  |
| * •  agni |  |  |
| •  prakruti |  |  |
| * •  examination of the constitution of an individual, prakruti parikshan |  |  |
| * •  healthy person, swastha purusha |  |  |
| * •  ama |  |  |
| **Ayurvedic remedial therapies and how to apply them:** |  |  |
| * •  what each therapy does |  |  |
| •  what effects it might have |  |  |
| •  what the cautions and contraindications are |  |  |
| * •  herbalised oils and powders used |  |  |
| * •  Ayurvedic massage oils and powders |  |  |
| •  tailas (herbalised oils) lepas, pastes, bolusses and powdered herbs and how to prepare/ dispense them |  |  |
| **science of marma:** |  |  |
| * •  classifications |  |  |
| * •  marma points and their reflex points |  |  |
| * •  additional marmas in the body |  |  |
| * •  techniques of marma massage (107 important points) |  |  |
| * •  theory of panchakarma |  |  |
| * •  potential reactions during treatment and how to respond |  |  |
| * •  potential reactions following treatment and appropriate client advice |  |  |
| * •  methods of monitoring treatment progress |  |  |
| * •  re-assessment |  |  |
| * •  client feedback |  |  |
| * •  types of advice and resources that can be provided to clients for their use outside the clinical environment |  |  |
| * •  barriers to therapeutic progress and ways to respond within an Ayurvedic framework |  |  |
| * •  documentation requirements for recording treatment details |  |  |
| * •  types of symptoms within each body system that may be treated with Ayurvedic tactile therapies |  |  |
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| **Unit Code** | **Unit Title** | | | **This unit assessed holistically with other units?  Listed below.** | | ☒Yes ☐No |
| **HLTAYV008** | **Provide Ayurvedic remedial therapies** | | | HLTAYV001  HLTAYV002  HLTAYV003  HLTAYV004  HLTAYV005  HLTAYV006  HLTAYV007  HLTAYV008  HLTAYV009  HLTAYV010  HLTAYV011  HLTAYV012    HLTWHS004  HLTINF004  CHCDIV001  CHCCOM006  CHCLEG003  CHCPRP003    CHCAGE001  CHCCCS001  CHCDIS007  CHCMHS001    BSBSMB404  HLTAID011  HLTAAP003  CHCPRP005 | | |
| **Assessor/s** |  | | |
| **Assessment Methods** | | | | | | |
| ☒ Observation in the workplace  ☒ Observation in a simulated environment  ☒ Fault finding/Problem solving | | ☒ Verbal Questioning/ Interview  ☒ Presentation  ☒ Class Discussion  ☒ Formal Exam/Test | | ☒ Written questions  ☒ Essay  ☒ Project  ☒ Role play  ☒ Case Study | ☒ Ayurvedic consultation feedback documents  ☒ Self-Assessment | |
| **Assessment Instruments**  **(please list)** | | | **Venue and Schedule**  **(Location, due date, time allowed)** | **Resources and equipment required to conduct the assessment** | | |
| Written questions and assignments  Exams  **Observation checklist** | | | Online. Due date set by assessor.  Online. Due date set by assessor  Due date set by assessor  Venue: Health Institute Australasia  Southport / Nirvana campus  Observations required during the course | Computer & internet access  Computer & internet access  Observation checklist | | |
| **Target Learner(s)**  (Describe the learner cohort generally and identify special needs) | | | No special needs | | | |
| **Assessment Conditions**  (from Unit of Competency) | | | 1. Skills must have been demonstrated in the workplace or in a simulated clinical environment that reflects workplace conditions. The following conditions must be met for this unit:    * use of suitable facilities, equipment and resources, including:      + •  Ayurvedic clinic therapy room with relevant equipment      + •  herbs, base, essential, herbal oils, waxes, ghees    * modelling of industry operating conditions, including provision of services to the general public    * clinic supervision by a person who meets the assessor requirements outlined below   Assessors must satisfy the Standards for Registered Training Organisations (RTOs) 2015/AQTF mandatory competency requirements for assessors. In addition, assessors must:   * + - •  have at least 5 years current clinical experience working as an Ayurvedic practitioner providing services to the general public     - •  hold practising membership of an Australian professional body that represents Ayurvedic practitioners     - •  fulfil the continuing professional development requirements of the professional body to which they belong | | | |
| **Applicable industry or workplace standards , and Training Package advice** (if any) | | |  | | | |
| **Stakeholders that any of the assessment arrangements need to be confirmed with** | | | Students  RTO  Trainer and Assessor | | | |
| **Special arrangements and allowable adjustments that may be made** | | | Flexible time frame for delivery.  Flexible learning environment.  Support person for diverse learner needs.  Special considerations | | | |
| **Recording and Reporting Procedures** | | | Mark the assessment items  Provide feedback  Record the result  Issue certificate of attainment  Archive records  Use relevant software to maintain records | | | |

**Practicum – Observation**

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| **Unit** | **HLTAYV008 Provide Ayurvedic remedial therapies** |

**The learner will be observed on at least 3 occasions over the course.**

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| Details of observation | | | | | | | |
| RTO | Health Institute Australasia | | | | | | |
| Learner name |  | | | | | | |
| Assessor name |  | | | | | | |
| Competency standard | **HLTAYV008 Provide Ayurvedic remedial therapies** | | | | | | |
| **Assessment dates** | 1.  2.  3. | | | | | | |
| Task/procedure observed | Provide Ayurvedic **remedial therapies** | | | | | | |
| Observation checklist | | | | | | | |
| **Did the learner:** | | **1.Yes** | **No** | **2.Yes** | **No** | **3.Yes** | **No** |
| 1. Prepare client for treatment | |  |  |  |  |  |  |
| 2. Use Ayurvedic techniques and sequences | |  |  |  |  |  |  |
| 3. Provide advice and resources to client | |  |  |  |  |  |  |
| 4. Monitor treatment | |  |  |  |  |  |  |

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| --- | --- | --- |
| Overall results | | |
| Overall performance | ❒ Competent ❒ Not Yet Competent | |
| Feedback to learner |  | |
| Learner’s signature |  | Date: |
| Assessor’s signature |  | Date: |