**Assessment STRATEGY for HLT52615  
Diploma of Ayurvedic Lifestyle Consultation**

***Assessment Strategy***

Assessment tasks to establish competency in this unit may include written assignments, oral question and answer quizzes, observation and participation in-group discussions.

***Competence***

To demonstrate competence you must complete all assessment tasks for all units

***Assignments***

Each of the Ayurvedic units has assignments to be completed on the conclusion of the unit.

Name and date all Word documents and upload or send via email.

References (if required).

All assessment will be retained for audit purposes. It is important to keep a copy of your assessments.

Plagiarism may result in exclusion from the course.

***Exams***

Each of the Ayurvedic units have exams to be completed on the conclusion of the unit.

On successful completion of all the units in **Diploma of Ayurvedic Lifestyle Consultation**, there will be one final written examination that will cover the theoretical content from all the Ayurvedic core units of competency. This exam will consist of; short answer, multiple choice, true/false questions and case studies. The exam duration is 3 hours and 100% competency is required. (Learners are able to re-sit exams)

***Observational Examination***

There are also Observational examinations to demonstrate skills and knowledge in:

1. Conducting Ayurvedic Lifestyle Consultations
2. Conducting Abhyanga (massage)
3. Conducting Katibasti
4. Conducting Shirodhara

***Health Institute Australasia’s Principles of Assessment***

**Fairness** The individual learner’s needs are considered in the assessment process.  
• Where appropriate, reasonable adjustments are applied to take into account the individual learner’s needs.

**Flexibility** Assessment is flexible to the individual learner by: reflecting the learner’s needs

**Validity** Any assessment decision is justified, based on the evidence of performance of the individual learner. • assessment against the unit/s of competency and the associated assessment requirements covers the broad range of skills and knowledge that are essential to competent performance

**Reliability** Evidence presented for assessment is consistently interpreted and assessment results are comparable irrespective of the assessor conducting the assessment.

Assessment plan

HLTAYV002 Make Ayurvedic lifestyle assessments

**Task 1 (knowledge)**

* Complete all 12 online Common Units
* Complete Core Ayurvedic Courses (Courses 1 through to Course 12)
* Complete theoretical assignments and exams (Courses 1 through to Course 12)
* Attend class lectures and tutorials (fill in Contact diary, for international students only)
* Phone tutorials conducted with lecturer. (learners will be advised by email prior to date)

**Task 2 (practical)**

* Conduct Ayurvedic lifestyle consultations
* Students to demonstrate an understanding of the procedures that should be followed when conducting Ayurvedic lifestyle consultations
* Prepared for and managed 25 different Ayurvedic lifestyle consultations
* Make Ayurvedic assessments according to 3-fold and 8-fold examination
* Give feedback according to ayurvedic principles in a clear manner

# Application

This unit describes the skills and knowledge required to assess client needs in the context of an Ayurvedic lifestyle assessment framework. It requires the ability to **gather client information and to make an Ayurvedic health assessment.**

**Competence**

To demonstrate competence you must complete all assessment tasks for all units.

**Written Assignments**

Presentation of any written assessment is to include name, date and references.

All assessment will be retained for audit purposes. It is important to keep a copy of your assessments.

Plagiarism is a form of cheating. It is taking and using someone else’s thoughts or writings and representing them as your own. It may result in exclusion from the course.

On successful completion of all the units in **HLT52615 Diploma of Ayurvedic Lifestyle Consultation** there will be one final written examination that will cover content from all the Ayurvedic units of competency. This exam will consist of; short answer, multiple choice, and true/false questions. The closed book exam is 3 hours and 100% is required for competency.

# Performance Evidence

The student must show evidence of the ability to complete tasks outlined in elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the job role. There must be evidence that the candidate has:

* performed the activities outlined in the performance criteria of this unit during a period of at least 200 hours of Ayurvedic lifestyle client consultation work
* **prepared for and managed at least 25 different Ayurvedic lifestyle assessments**. Clients must include males and females from different stages of life
* used the Ayurvedic lifestyle assessment framework and appropriate techniques to assess client’s needs, including:
* questioning according to Ayurvedic principles
* trividha parikisha (three-fold examination)
* ashtvidha pariksha (eight-fold examination)
* interacted effectively with clients:
* clearly articulated information about services, treatment options and rationale
* engaged clients in decision making

# Unit Outcomes – on completion of this unit you should be able to:

| ELEMENT | PERFORMANCE CRITERIA | Yes | No |
| --- | --- | --- | --- |
| **1. Determine scope of client needs** | 1.1 Explore and clarify client expectations |  |  |
| 1.2 Provide clear information about scope and limits of lifestyle services to be provided |  |  |
| 1.3 Recognise needs that are beyond scope of own practice and make appropriate referrals to other health care professionals |  |  |
| 1.4 Identify and respond to any barriers to information gathering and assessment |  |  |
| 1.5 Seek client information ethically and respectfully |  |  |
| **2. Seek information and make assessment using Ayurvedic tools** | 2.1 Collect accurate and relevant health and lifestyle information, and document in a form which can be interpreted readily by other Ayurvedic practitioners |  |  |
| 2.2 Follow clinical and practitioner hygiene procedures |  |  |
| 2.3 Frame client questions based on Ayurvedic framework trividha pariksha (three fold examination) and ashtvidha pariksha (eight fold examination) |  |  |
| 2.4 Determine prakruti, vikruti, ama and gunas using Ayurvedic principles |  |  |
| 2.5 Accurately record client’s presenting issues, goals and expectations |  |  |
| 2.6 Manage information and records in a confidential and secure way |  |  |
| **3. Confirm assessment and discuss with client** | 3.1 Correlate findings from client assessment |  |  |
| 3.2 Determine imbalances through review of findings according to Ayurvedic principles |  |  |
| 3.3 Discuss assessment and rationale with the client |  |  |
| 3.4 Assign and agree priorities and expectations in consultation with the client  3.5 Respond to client enquiries using language the client understands |  |  |
| 3.6 Discuss referral and collaborative options with the client according to specific needs |  |  |

# Knowledge Evidence Checklist

The student must be able to demonstrate essential knowledge required to effectively complete tasks outlined in elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the work role. This includes knowledge of:

|  |  |  |
| --- | --- | --- |
| **legal and ethical considerations (national and state/territory) for client assessment:** | YES | NO |
| * codes of conduct |  |  |
| * duty of care |  |  |
| * informed consent |  |  |
| * mandatory reporting |  |  |
| * practitioner/client boundaries |  |  |
| * privacy, confidentiality and disclosure |  |  |
| * records management |  |  |
| * work role boundaries |  |  |
| * working within scope of practice |  |  |
| * presenting symptoms that require referral to a medical practitioner |  |  |
| * work health and safety |  |  |
| **referral options for practitioners :** |  |  |
| * professional health services including complementary health modalities and medical practitioners |  |  |
| * community resources and support services |  |  |
| * types and availability of further medical assessment |  |  |
| * factors and barriers that may impact on assessment |  |  |
| * physical |  |  |
| * psychological |  |  |
| * cultural |  |  |
| * seasonal |  |  |
| * demographic |  |  |
| * influence of alcohol, drugs |  |  |
| **stress factors to consider in assessment and how to respond:** |  |  |
| * age - infants, children, young adult, adults, elders |  |  |
| * demographic |  |  |
| * gender specific issues |  |  |
| * physical/mental strength, gunas, vikruti |  |  |
| * agni |  |  |
| * dosha |  |  |
| * vikriti (inherited and congenital) |  |  |
| * infection |  |  |
| * odour |  |  |
| * seasons |  |  |
| * stress |  |  |
| * modern radical lifestyle including dependence on fast foods, incompatible foods, addictions |  |  |
| * alcohol and other mind altering drug addictions |  |  |
| * atheist, anti social and other contradictory practices detrimental to health according to Ayurvedic framework |  |  |
| * emergencies |  |  |
| * trividha pariksha (three fold examination) and ashtvidha pariksha (eight fold examination) |  |  |
| **client information required for Ayurvedic assessment and the scope and depth of information needed around:** |  |  |
| * client expectations |  |  |
| * client history and its components |  |  |
| * client current state of wellness |  |  |
| * protocols for performing Ayurvedic health assessments: |  |  |
| * Ayurvedic clinic environment |  |  |
| * equipment |  |  |
| * client privacy |  |  |
| * client instructions |  |  |

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| --- | --- | --- | --- | --- | --- | --- |
| **Unit Code** | **Unit Title** | | | | **This unit assessed holistically with other units? Listed below.** | ☒Yes ☐No |
| **HLTAYV002** | **HLTAYV002 Make Ayurvedic lifestyle assessments** | | | | **HLTAYV001**  Develop Ayurvedic practice  **HLTAYV002**  Make Ayurvedic lifestyle assessments  **HLTAYV003**  Provide Ayurvedic bodywork therapies  **HLTAYV004**  Provide Ayurvedic lifestyle advice  **HLTAYV005**  Provide advice on Ayurvedic nutrition  **HLTAAP002**  Confirm physical health status  **HLTWHS004**  Manage work health and safety  **HLTINF004**  Manage the prevention and control of infection  **CHCDIV001**  Work with diverse people  **CHCCOM006**  Establish and manage client relationships  **CHCLEG003**  Manage legal and ethical compliance  **BSBSMB404**  Undertake small business planning  **CHCAGE001**  Facilitate the empowerment of older people  **CHCCCS001**  Address the needs of people with chronic disease  **CHCDIS007**  Facilitate the empowerment of people with disability  **CHCMHS001**  Work with people with mental health issues  **CHCPRP003**  Reflect on and improve own professional practice  **HLTAID003**  Provide first aid (this Unit of Competency is to be completed externally) | |
| **Assessor/s** |  | | | |
| **Assessment Methods** | | | | | | |
| ☒ Observation in the workplace  ☒ Observation in a simulated environment  ☒ Fault finding/Problem solving | | ☒ Verbal Questioning/ Interview  ☒ Presentation  ☒ Class Discussion  ☒ Formal Exam/Test | | ☒ Written questions  ☒ Essay  ☒ Project  ☒ Role play  ☒ Case Study | ☒ Ayurvedic consultation feedback documents  ☒ Self-Assessment | |
| **Assessment Instruments**  **(please list)** | | | **Venue and Schedule**  **(Location, due date, time allowed)** | | **Resources and equipment required to conduct the assessment** | |
| Written questions and assignments  Exams  **Observation checklist** | | | Online. Due date set by assessor.  Online. Due date set by assessor  Due date set by assessor  Venue: Health Institute Australasia  Southport / Nirvana campus  3 x observations required during the course | | Computer & internet access  Computer & internet access  Observation checklist | |
| **Target Learner(s)**  (Describe the learner cohort generally and identify special needs) | | | No special needs | | | |
| **Assessment Conditions**  (from Unit of Competency) | | | Skills must have been demonstrated in the workplace or in a simulated clinical environment that reflects workplace conditions. The following conditions must be met for this unit:   * use of suitable facilities, equipment and resources, including: * client information – client assessment forms, case history * private consultation area * modelling of industry operating conditions, including provision of services to the general public * clinic supervision by a person who meets the assessor requirements | | | |
| **Applicable industry or workplace standards , and Training Package advice** (if any) | | |  | | | |
| **Stakeholders that any of the assessment arrangements need to be confirmed with** | | | Students  RTO  Trainer and Assessor | | | |
| **Special arrangements and allowable adjustments that may be made** | | | Flexible time frame for delivery.  Flexible learning environment.  Support person for diverse learner needs.  Special considerations | | | |
| **Recording and Reporting Procedures** | | | Mark the assessment items  Provide feedback  Record the result  Issue certificate of attainment  Archive records  Use relevant software to maintain records | | | |

**1. Practicum – Observation**

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| --- | --- |
| Unit | **HLTAYV002 Make Ayurvedic lifestyle assessments** |

**Student will be observed on at least 3 occasions over the course.**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| Details of observation | | | | | | | |
| RTO | Health Institute Australasia | | | | | | |
| Learner name |  | | | | | | |
| Assessor name |  | | | | | | |
| Competency standard | **HLTAYV002 Make Ayurvedic lifestyle assessments** | | | | | | |
| **Assessment dates** | 1.  2.  3. | | | | | | |
| Task/procedure observed | Provide Ayurvedic lifestyle consultation | | | | | | |
| Observation checklist | | | | | | | |
| **Did the learner:** | | **1.Yes** | **No** | **2.Yes** | **No** | **3.Yes** | **No** |
| 1. Determine scope of client needs | |  |  |  |  |  |  |
| 2. Seek information and make assessment using Ayurvedic tools | |  |  |  |  |  |  |
| 3. Confirm assessment and discuss with client | |  |  |  |  |  |  |

|  |  |
| --- | --- |
| Results | |
| Overall performance | ❒ Satisfactory ❒ Not Yet Satisfactory |
| Feedback to student |  |
| Student signature: | Date: |
| Assessor signature: | Date: |